

Placentia Library January Community Events



Placentia Library
411 E. Chapman Ave.
Placentia, CA 92870
(714) 528-1906
placentialibrary.org



Meditation Labyrinth

January 2 – 31

Placentia Library

Calm your body and mind by walking our quiet labyrinth to create inner peace. Walk the labyrinth as a moving meditation to help unwind and release patterned behaviors. What can you learn about yourself as you walk it?

Family Yoga

Sundays, January 12 and 26
1:00 – 2:00 P.M.

Community Meeting Room

Join us for family yoga, led by a licensed instructor from Happy Flow Yoga Studio. Practice breathing techniques and mindful movements, as our talented instructor guides you through a relaxing yoga session geared for the whole family.

Registration is recommended.



Storytime Yoga

Sundays, January 5 and 19
1:00 – 2:00 P.M.

Community Meeting Room

Join us for a special yoga storytime led by our Librarians that highlights special stories, songs, and games that incorporate yoga poses and movement, relaxation, and breathing techniques.

Event Registration

You can now register for library events online. Please visit: www.placentialibrary.org and select Event Registration under Quick Links for more information. Registration will open 6 weeks before the event date. Walk-ins will be admitted based on the space available after registered participants.